



SERRA CLUB of PORTLAND BULLETIN

Serra Club 3 / District 1S / Pacific Northwest Region
www.serraportland.org

SERRAN CALENDAR

- Wed, Apr 1** 11 AM Board Meeting
 Noon Serra Meeting
 Deacon Jerry Giger
 Topic: Spiritual journey as a deacon
- Wed, Apr 15** Noon Mass
 Serra Meeting
 Speaker: Fr. Peter Julia, Vocation Director
 Topic: Seminarian Update
- Wed, May 6** 11 AM Board Meeting
 Noon Serra Meeting
 Speaker: John Limb
 Topic: The History & Demise of the Catholic Sentinel
- Wed, May 20** Noon Mass
 Serra Meeting
 Speaker: Deacon Shawn Daniel
- Sunday, May 31** **PRIEST APPRECIATION DINNER, Portland Golf Club**
- Wed, June 3** 11 AM Board Meeting
 Noon Serra Meeting
 Speaker: Brendan O'Scannlain, Attorney
 Topic: Growing up in a Catholic household/son of Judge Diarmuid O'Scannlain
- Wed, June 17** Noon Mass
 Serra Meeting
 Charter Day
 Speaker: Ed O'Hanlon, Treasurer
 Topic: Financial update, history presentation, dessert!

President's Message

As we celebrate the light and joy of Easter, my heart is filled with gratitude for the graces we received during our Lenten Day of Recollection. It was a blessed time for our Serrans to pause, reflect, and open our hearts more deeply to God's love as we prepared to encounter the Risen Christ.

Our reflections on the virtues reminded us that holiness grows through simple, faithful choices each day. Through silence and fasting, we learned to listen more closely to God's voice and recognize His presence even in life's challenges. Like our Father in faith who journeyed through the wilderness, we discovered that moments of trial can lead us to renewal, deeper trust, and conversion.

As we rejoice in the glory of the Resurrection, may the joy of Easter inspire us to live our vocation with renewed hope and purpose. I prayed that we Serrans will continue to inspire one another with the spirit of Easter—to foster and promote vocations with joyful and generous hearts.

Let us go forth as Easter people, bringing hope, peace, and love to all we encounter.

Christ is risen, Alleluia!
 St. Junípero Serra, pray for us!

*Melliza Palazo, President,
 Portland Serra Club*

Serra Club of Portland

- President [Melliza Palazo](#)
- Past President [Paul Harris](#) 503-657-4614
- VP Programs [Susan Gallagher](#)
- VP Vocations [Melliza Palazo](#)
- Secretary [Christy Uhrich](#)
- VP Communications [Monique Harris](#)
- VP Membership [Dan Jones](#) 503-645-2172
- Webmaster [Lynn Jones](#)
- Treasurer [Ed O'Hanlon](#) - for Serra business:
 847 NE Floral Pl, Portland OR 97232
- Chaplain Rev. Peter Julia
- Trustees 1 yr -Gary Wilhelms
 2 yr - Daniel Okapal
 3 yr - Judy Winczewski
- Foundation Rep [Dan Jones](#)

An Easter Blessing

May the Resurrection of our Savior be a constant reminder of His love and promise of eternal life.

UPCOMING EVENTS:

Apr 5	Easter
Apr 26	World Day of Prayer for Vocations
May 1	Religious Brothers Day
July 9-12	83rd International Serra Convention Indianapolis, Indiana
Jun 12	World Day of of Prayer for the Sanctification of Priests
June 20	Priestly Ordination
July 1	St Junipero Serra
Aug 10-13	Quo Vadis Days
Sep 27	Priesthood Sunday
Oct 11	Kevin van Hoomissen Honorary Sisters' Appreciation Luncheon
Nov 1-7	National Vocation Awareness Wk



The Serra International Convention will be held in Indianapolis, IN, from July 9-12, 2026, hosted at the Hyatt Regency. This event brings members to the "crossroads of America" to explore downtown attractions, including White River State Park, the Cultural Trail, and local, historical monuments, offering a blend of meetings and city exploration. Click [HERE](#) for more information.



Reflections from March 4 Serra Meeting : Monks at Mount Angel Abbey

Fr. Timothy Kalange, OSB, Mount Angel Abbey



Our speaker was Father Timothy Kalange, a child of God, a monk of Mount Angel, and a priest of Jesus Christ. Joining the monastery in 2014, Fr. Timothy left a job in Florida managing a video production firm to pursue a life of greater intimacy with Jesus Christ. Fr. Timothy's main work at the seminary has been teaching theology to the seminarians studying for their philosophy degree. He is also the Monastery's steward of finances, providing monastic presence and oversight working with the Abbey's COO and CFO in budget planning and other matters. He also, along with other priests of the Abbey, provides pastoral support to neighboring parishes near the Abbey.

Fr. Timothy grew up in southern Idaho. He was raised in the church, one of six children. He enjoys spending time with his brother monks and reading science fiction literature. His presentation was answering the question, "What do monks do all day?"

A monk is someone who seeks God by living together in Community. Each day is ordered by a regular rhythm of prayer, work and rest. There are 47 monks at Mount Angel and over a third are under the age of 50. They pray the Divine Office, the "Work of God", five times a day. Their primary apostolate is to help prepare men for the priesthood. Each day they have different things to do, but every day starts at 5:20 a.m with prayer.

They engage in Lectio Divina, or Sacred Reading, which is a process of prayer that consists of listening to Scripture, taking it in, spending time with it in silence, and going deeper into it. The Divine Office, the Eucharist and living the Liturgical Year teach them how to live in God's time. Every day the monks pray for three hours, work for six hours and have recreation for two hours. They live a life in Community to show what a life of peace is like.

The monks are ordinary men who live extraordinary lives. In his work, Fr. Timothy is helping to form men for the Catholic priesthood, accompanying them on their journey and helping them to find out God's will for their life. Leaving his old life, he now spends his life with his brothers, praying, sharing meals and serving the Church.

March 18, 2026 ~ St. Pius X Catholic Church

A Lenten Day of Recollection

Serra Club of Portland

Our first Lenten Day of Recollection put on by the Serra Club of Portland was a huge success. We started the day with coffee and pastries in the parish hall before moving into the church for a series of speakers, Mass and Holy Hour for Vocations. The Vietnamese fare for lunch of pork, chicken, rice, noodles, and salad was scrumptious! Our thanks go out to our inspirational speakers, Melliza Palazo for putting together this retreat, and our Serran volunteers. It was indeed a special day of reflection, community and faith. We are so blessed with our community of faith!

The Road of Virtues for Our Sanctification

Fr. Rito Guzman, M.Sp.S.

In his presentation **A Pathway Towards Holiness** Fr. Rito Guzman explained that all Christians are called to holiness, emphasizing that sanctification is not optional but part of God's will for everyone. Drawing from scripture and Church teachings, he emphasized that believers are meant to be conformed to the image of Christ through love, humility, and obedience. This transformation involves imitating Christ's life and growing into deeper union with God, guided by the call to perfection found in the Gospel.



A central framework of the presentation was the three stages of the spiritual life: purgative, illuminative, and unitive. In the purgative stage, individuals turn away from sin and undergo purification, often through struggle and self-denial. The illuminative stage focuses on growth in virtue and a deeper relationship with God, marked by increasing charity and spiritual insight. Finally, the unitive stage represents a profound union with God, where a person experiences inner peace, detachment from worldly desires, and a constant awareness of God's presence.

The presentation also stressed the importance of virtues as the foundation of spiritual growth. Rooted in the teachings of St. Thomas Aquinas, virtues are described as habits that align human will with right reason and ordered love, all grounded in charity. Living a virtuous life allows individuals to participate more fully in God's love and become witnesses to others. Holiness is not just personal but communal, contributing to the life of the Church and reflecting Christ's love in the world.

Finally, Fr. Rito outlined fourteen practical rules for growing in holiness, which are found in the Spiritual Diary of Blessed Concepcion Cabrera. These practical rules include humility, purity, prayer, self-denial, detachment from worldly attachments, love of the Cross, and total devotion to God. These guidelines encourage a life centered on God, sustained by faithfulness, generosity, and contemplation. Ultimately, the spiritual life was presented as a journey of self-gift, where persons become fully alive by loving God above all and by offering themselves in service to others.

Be Still and Be Hungry...For the Lord: Rediscovering God through Silence and Fasting

Sister Angelicah Njuguna, SMK



Lord, You speak in the silence. You heal in the emptiness. Teach us to be still. Teach us to let go. Give us the courage to release what we cling to and the humility to receive what You long to give. Fill our silence with Your peace and our fasting with Your love. Make our hearts spacious, our spirits free, and our lives a reflection of Your presence. Amen

Sr. Angelicah reflected on **silence and fasting**, two ancient paths that lead us back to the heart of God. These practices are not outdated, but are gifts for all of us. In order to hear what is said, we have to be silent. The world around us is noisy, hurried, and constantly demanding our attention. Hearing in our digital age can be a huge challenge. Silence is where we let God tend to the wounds we don't talk about: grief we carry quietly, regrets that still sting, fears we hide and relationships that weigh on us.

PRACTICAL WAYS TO PRACTICE SILENCE: *Begin the day with 5 minutes of quiet, before speaking to anyone. Sit before the Blessed Sacrament without words—just presence. Practice “slow prayer”—praying fewer words with more attention. Use a single Scripture verse as a resting place for the mind.*

THE UNION OF SILENCE AND FASTING *Silence empties the mind. Fasting empties the body. Together, they make space for God. They sharpen our spiritual senses. They awaken hunger for the One who alone satisfies. Silence teaches us to listen. Fasting teaches us to long. Together, they teach us to love.*



Lenten Journey: From the Wilderness of Golgotha

Fr. Cary Reniva

Fr. Cary laid out the journey from the beginning of the Lenten Season up to the Easter Vigil, reflecting on the meaning of the 40 days of Lent and on the Gospel of each Sunday of Lent. It gave us an opportunity for reflection and growth in our spiritual lives.

Each Sunday's gospel builds on the previous Sunday and all are connected. On the first Sunday, we were invited to go into the wilderness, just as Jesus went into the desert, where we can experience new life. This time allowed us to confront with great humility what struggles and temptations we have in our own lives and need to face. We learned that *if we persevere in this journey*, we will be with Jesus and will be transfigured like Him as told in the gospel of the second Sunday of Lent. In story about the Samaritan woman at the well in the third week of Lent, Jesus had already created the gift of faith within the woman, so it was Jesus who approached the woman, not the woman who approached Jesus. In our thirst for truth, God seeks us as much as we seek God. On the fourth Sunday of Lent, Jesus used clay to open the eyes of the blind man. Do we only see God intellectually or do we see Him in our lives? Do we allow Him to heal us? Finally, in the Gospel of the 5th Sunday of Lent, we see Jesus bring Lazarus back to life. He can do the same for us. In summary, we see how we can have a real encounter with Jesus in the Liturgy. We cannot remain the same. The Lord can do great things for us.

Lent concludes on Holy Thursday, which marks the beginning of the Paschal Triduum—the holiest days of the Church's liturgical year. The Triduum is best understood as one single celebration unfolding over three days, reaching its summit in the Easter Vigil. The Mass of the Lord's Supper on Holy Thursday does not end in the usual way: there is no final blessing or dismissal, but rather a solemn procession, indicating that the liturgy continues. Good Friday likewise begins in silence, as we enter into the Passion of the Lord, and it too concludes without a formal dismissal, leaving the celebration unfinished. This sacred continuity carries into the Easter Vigil, where the Church finally proclaims the Resurrection in its fullness.

During these holy days, we are invited not merely to remember, but to participate—to walk with Christ on the road to Golgotha, to stand at the foot of the Cross, and to await in hope the joy of the Resurrection.

PRIESTS

BIRTHDAYS

ORDINATION ANNIVERSARIES

APRIL

- 4/4 Rev. Francisco Bringuela
Rev. William Oruko, AJ
- 4/5 Rev. David Jaspers
Rev. Sean Toole
- 4/6 Rev. John McGuire
- 4/7 Rev. Joseph Barita, ALCP
- 4/8 Rev. John McGrann
Rev. Christopher Siluvai Rayan
- 4/10 Rev. Donald Gutmann
- 4/12 Rev. Mario Rodríguez García, MSpS
- 4/13 Abbot Gregory Duerr (ret.)
Rev. Augustine Hilander, OP
Rev. Cary Reniva
- 4/15 Rev. Ryan Rallanka, SJ
- 4/17 Rev. Edgar Eloy Rivera-Torres
- 4/19 Rev. Michael Gilson, SJ
- 4/20 Rev. Michael Belinsky, CSC
Rev. John Henderson
Rev. Francis Saleth, HGN
- 4/21 Rev. Dieu Tran, SDD
- 4/22 Very Rev. Anthony Joseph Alles, MMJMJ
- 4/26 Rev. Paulinus Mangesho, ALCP
Rev. Michael Walker
- 4/28 Rev. Martin King

- 4/1 Rev. Michael Belinsky, CSC
Rev. Bob Loughery, CSC
- 4/3 Rev. Wilibaldo Gutierrez Herrera
- 4/6 Rev. John Donato, CSC
Rev. Nik Guiney, CSC
Rev. Tyler Kreipke, CSC
- 4/7 Rev. Timothy Weed, CSC
- 4/9 Rev. Mark Ghyselinc, CSC
- 4/13 Rev. Jeffrey Schneibel, CSC
- 4/18 Very Rev. Charles McCoy, CSC
- 4/19 Rev. Ignatius Kissel, OSM
- 4/21 Rev. Randy Rentner, CSC
- 4/26 Rev. Paul Jeyamani
- 4/28 Rev. Arthur Wheeler, CSC
- 4/30 Rev. Paul Ybarra, CSC

SISTERS BIRTHDAYS

- 4/1 Sr. Robin Stephenson, CSJ
- 4/2 Sr. Maureen Delaney, SNJM
- 4/3 Sr. Anna Weisner, SNJM
Sr. Jeanette Wood, SNJM
- 4/4 Sr. Anne Bosserman, SNJM
- 4/6 Sr. Vivian Ripp, SNJM
- 4/10 Sr. Thuy Doan, SSMO
- 4/17 Sr. Mary Peter Duyck, OSF
- 4/18 Sr. Donna Marie Chartraw, OSB
Sr. Joan Saalfeld, SNJM
Sr. Rita Watkins, SSMO
- 4/20 Sr. Cecilia Thanh Tu Doàn, MTG
- 4/22 Sr. Juana Gutierrez, SSMO
- 4/23 Sr. Rene Foster, OSB
Sr. Regina Rausch, OSB
- 4/24 Sr. Kathleen Kircher, SNJM
- 4/27 Sr. Mary Ann Farley, SNJM

Support Vocations! Send a card ~ Say a Prayer
Let our priests and religious know **WE CARE!**

Link to:
[Oregon Catholic Directory](#)

Queen of Angels Monastery



May her soul rest
in peace

Sr. Angela Meister, OSB

May 24, 1935 - Feb 28, 2026

SISTERS FEAST DAYS

- 4/12 Sr. Christine Marie Chauvel, OSF
- 4/28 Sr. Louismarie Premazzi, OSF

**The History and Legacy of Oregon's
Benedictine Women**

The Oregon Catholic Historical Society presents a free presentation in-person and via Zoom on Saturday, April 11, 10 am - noon, Chapter Room of Queen of Angels Monastery, Mt. Angel.

Panelists: Sister Dorothy Jean Beyer, OSB; Mona Hayes of Catholic Community Services; Nancy Hendricks, Oblate Coordinator. Refreshment served.

RSVP 503 845-2556

SAVE THE DATES

PRIEST APPRECIATION DINNER **SUNDAY, MAY 31, 2026**

Portland Golf Club
5900 SW Scholls Ferry Road, Portland, OR
5:00 pm – 8:00 pm

Invitations will be forthcoming



Kevin Van Hoomissen Honorary Sisters' APPRECIATION Luncheon **SUNDAY, October 11, 2026**

Double Tree Lloyd Center
1000 Multnomah
Portland, OR 97232



PRIEST ORDINATIONS **SATURDAY, JUNE 24, 2026**

St. Mary's Cathedral of the Immaculate Conception
1716 NW Davis St., Portland, OR
11 am

Deacons Shawn Daniel, Nicholas Martell, Zachary Munoz and Tristian Schubert

